



## Arahatas and Facilitators Responsibilities

ECKANKAR SOCIETY OF CENTRAL AUSTRALIA

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The single most important message that you can ever give anyone is that Soul exists because God loves It.

*This principle is the heart song of ECK. It is the beginning and end of all things. Every Satsang, every discussion class, and every introductory lecture must show God's love for Soul. The Master will give this message of love through your words, but mainly through your deeds. The world will look for the grace of the Mahanta in you, so let your heart be pure before God and let your light shine before all.*

-Sri Harold Klemp, *ECK Arahata Book*, p. 2

Arahatas and Facilitators must have a current ECKANKAR membership and be familiar with the Arahata training guidelines. In addition, when presenting Zoom events, the following points should be observed:

- Use a neutral or blank background - to limit pixelation and distortion due to varying internet speeds.
- Log on to Zoom 15 minutes before the start time.
- Welcome participants as they join. Ensure that no further participants join the Satsang/Discussion Class after the start time.
- Mute all participants at start of session for commencement of playing the HU Chant.
- Ask muted participants to unmute when they speak.
- Ensure messaging is turned off.
- Keep mobile phone on silent mode and ask participants to mute their phones.
- Ensure that there are no participant sub-discussions.
- Create a co-host for continuity in case of technical issues (power/internet/PC failures).
- Minimise the number of open applications on your computer.
- Have latest standard introductory slides open in PowerPoint.
- Have other material that may need to be used at the ready.
- Use only prepared material during the session.
- Relate the Focal Point to any associated spiritual exercise.
- Spotlight speaker during telling of their story or relating an experience.
- Ensure the conversation is neutral (i.e. not biased in any way).
- Punctually terminate Zoom session.

- 1. When there are seekers/newcomers at the ECKANKAR Zoom event, ensure that you: Incorporate the approved four questions and answers from ESC in your event.

## **WHAT DO THE WORDS ECKANKAR AND ECK MEAN?**

Eckankar means Coworker with God. It is the destiny of each Soul to become a conscious, living vehicle for God's love.

ECK is another word for the Holy Spirit, or Life Force, which can be experienced as Light and . It is also known as the Audible Life Stream. Soul can become one with this Life Current – with the Voice of God. ECK can also be used as a short term for Eckankar.

## **WHERE DID THE ECK TEACHINGS COME FROM?**

There has always been a direct way for people to reach God. The teachings, in some form, have been on earth since the dawn of human history.

Many of today's Eckankar terms have their own meaning and application in Eckankar.

Eckankar was brought to the modern world

by Paul Twitchell in 1965, when many people were ready for a new way to find God.

## **WHAT MAKES ECKANKAR THE PATH OF SPIRITUAL FREEDOM?**

Spiritual freedom is a central tenet of the teachings of Eckankar. Each Soul is on a journey of Self-Realisation and God- Realisation. As one moves into higher states of awareness, Soul achieves freedom from the limitations of mind, emotions, karma, and reincarnation. With this freedom comes unconditional love, wisdom, and responsibility.

The ECK path celebrates the individuality and freedom of Soul. As such, spiritual freedom imbues the ethics and values of the Eckankar culture and organisation.

## **IS ECKANKAR A RELIGION, TEACHING, PATH, OR PHILOSOPHY?**

All these descriptions are applicable, yet members most frequently describe Eckankar as a spiritual teaching or path.

Eckankar is based on direct personal experience and transcends philosophy and orthodox religion. It gives practical ways for people to have real spiritual experiences – even the ultimate experience of God – in this very lifetime. Soul is able to discover and become the path of truth itself.

2. Visually publicise future ECK events open to newcomers/seekers as follows:

Upcoming Events

**Light and Sound Service**, date and time and **Log on details**

**Sound of Soul** , date and time and Log on details

Other upcoming events open to the general public ...

3. Visually provide details for further enquiries and how to become a member.

Where to from here?

Visit our Web sites:

[Eckankar.org](http://Eckankar.org)

[Eckankar.org.au](http://Eckankar.org.au)

Become a member: Email – [eckinfo@email.com](mailto:eckinfo@email.com)

Join online: <https://www.eckankar.org/member-ship-start>