



## **Covid Update 2023**

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As we face the New Normal, and with most of the COVID restrictions having been lifted throughout Australia, a limited number of face-to-face ECKANKAR meetings are again taking place in the ACT and NSW. It is expected that this number will increase over time, but with the transition of many ESCA events to Zoom, it is unlikely that there will be a rapid rise in face-to-face events.

Consequently, ESCA will endeavour to provide the ECKANKAR teachings to meet the needs of both seekers and chelas in the most appropriate manner given state/territory and local government restrictions.

There is a clear benefit of holding Zoom events for many of ESCA's chelas, yet some ESCA do not have access to, and/or have the ability to, use modern technology. This is proving to be a difficult challenge without an easy solution.

In the event of further health restrictions, ESCA's COVID-19 Plan will, in the first instance, be activated by Arahatas and Facilitators.